



StarHealth

First for your Health & Wellbeing

**Older Persons
High Rise
Support
Program**

(OPHRSP)



What is the Older Persons High Rise Support Program?

The Older Persons High Rise Support Program aims to promote and maintain the health and well-being of tenants living in five public housing estates. The program also aims to improve tenants access to support and a range of services both within the home and in the community and seeks to provide a sense of safety and maintaining independence at home.

The OPHRSP team consists of Social Workers, a Community Health Nurse, an Occupational Therapist and two Support Workers.

Who is eligible?

The tenants of High Rise buildings at:

- 25 King Street, Prahran
- 27 King Street, Prahran
- 49 Union Street, Windsor
- 150 Inkerman Street, St Kilda
- 150 Victoria Avenue, Albert Park

Services available

- Information, advice and support.
- Assessment based on a client-centred approach and referral to other services. For example, community health services including Star Health, homecare, social and recreational programs.
- Limited financial assistance available if experiencing financial stress.
- Assistance to access transport to health appointments and social activities.
- Health Promotion and Health Education activities.

- ▶ Assistance with navigating social and health related referral systems.
- ▶ Advocacy - staff can assist and support tenants to exercise their rights.

Referral

Tenants and services can refer to the program by contacting the offices directly on the estates (see last page for phone contact details).

Interpreters

Weekly Russian interpreter services are available at four of the high-rise sites. Interpreters for other language groups are available on request.

Your privacy and confidentiality

Star Health is committed to protecting your privacy and confidentiality and complies with all relevant legislation.

Your feedback

If you wish to provide feedback about this service, you can:

- ▶ Fill in a feedback form at any of our sites.
- ▶ Leave feedback online via our website.
- ▶ Speak to Older Persons High Rise Support Program staff.

Your rights and responsibilities

Your rights and responsibilities are important. A brochure will be provided to you at your first visit.



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Contact Details

Inkerman Heights Estate

150 Inkerman Street, St Kilda, Ground Floor Office

Ph: 9537 2132

Loxton Lodge

49 Union Street, Windsor, Ground Floor Office

Ph: 9530 2643

Layfield Court

150 Victoria Avenue, Albert Park, Ground Floor Office

Ph: 9682 8143

25 King Street, Prahran, Ground Floor Office

Ph: 9530 2423

27 King Street, Prahran, Ground Floor Office

Ph: 9533 8054

9525 1300



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Australian Government

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