



**GROUPS CALENDAR  
WALKING GROUPS**

<b>GROUP NAME</b>	<b>DATE &amp; TIME</b>	<b>VENUE</b>	<b>COST</b>	<b>ELIGIBILITY</b>	<b>CONTACT</b>
Power Walkers of Port (Heart Foundation Walking Group)	Monday 8:30am	Meet outside Coles Bay St, Port Melbourne	Free	Anyone - need to be a fast paced walker	Greg Paine 9525 1300 <a href="mailto:gpaine@starhealth.org.au">gpaine@starhealth.org.au</a>
St Kilda Walking Group (Heart Foundation Walking Group)	Thursday 10-11am	Meet at Star Health 18 Mitford St, St. Kilda	Free	Anyone- moderate paced walkers	Greg Paine 9525 1300 <a href="mailto:gpaine@starhealth.org.au">gpaine@starhealth.org.au</a>
South Melbourne Walking Group (Heart Foundation Walking Group)	Monday 9:30-10:30am	Meet at Star Health 341 Coventry St, South Melbourne	Free	Anyone- both fast and moderate paces are catered for	Greg Paine 9525 1300 <a href="mailto:gpaine@starhealth.org.au">gpaine@starhealth.org.au</a>